# WHITEFISH BAY ACTIVITIES NEWSLETTER



# **TRADITION, EXCELLENCE, SPORTSMANSHIP, DUKE PRIDE**

# **Important Information for All Students**

Have you signed up for a club yet? If not, signing up for a club is a great way to:

- Make new friends
- Have fun
- Connect w/ Whitefish Bay Staff
- Find your passion
- Be active in the school community
- Engage in healthy competition

Check out the Activities Guide for all information regarding our amazing clubs!

#### Fitness Center Available for All Students

The Fitness Center will be open for all students Monday through Friday (while school is in session) from 3:45 - 5:30 PM. Masks will be required at all times and social distancing will be practiced at all times. If a student is not wearing a mask/practicing social distance, they will be asked to leave.

#### Interesting in Becoming a WIAA Official

With the current officials' shortage, there's no better time to give back to the sports you love by becoming a WIAA licensed official. Apply now, just in time for upcoming winter and spring seasons. Interested, but still have questions? Don't hesitate to reach out to <u>Mr. Worzella</u>

To apply, please click on this link: https://www.wiaawi.org/News/News-Article/officiating-license-flash-sale

#### Follow Athletics and Activities on Social Media

Make sure to follow us on Twitter and Instagram for up to date news and information on all teams and clubs. Twitter: @WFB\_BLUEDUKES Instagram: wfb\_athletics\_and\_activities

# Whitefish Bay High School 2022 Athletic Hall of Fame Inductees

# The induction ceremony will be on May 21st, 2022 at 12:00 in the high school Link. Nick Bellore (Athlete, Class of 2007)

Nick Bellore was a three-sport athlete at Whitefish Bay High School where he collected seven letters in Football, Track and Hockey. Nick's greatest athletic achievements came on the football field and is one Whitefish Bay's most decorated players. He was a starter on the football team for three years. During his junior and senior year, Nick served as a team captain. He was also named Duke Pride Award winner in both 2005 and 2006. His accomplishments on the field earned Nick a 1<sup>st</sup> team All-Conference Honors in 2005 and 2006 and he was named the 2006 North Shore Conference Defensive Player of the Year. He was named to the Wisconsin Football Coaches Association Honorable Mention All-State as a junior and First Team All-State as a senior. He went on to play collegiately at Central Michigan University where he started 51 of 52 games, set the all-time record for tackles by a freshman and is currently third alltime in tackles at CMU. He was named Defensive Player of the Year by CMU in 2008 and 2009 and earned All-Conference honors 2008-2010. In 2011, Nick signed with the New York Jets and made the roster as a linebacker/special teams player. In 2014, he was recognized by Pro Football Focus as an All-Pro Special Teams Player. After his time with the Jets, Nick has played for the San Francisco 49ers, Detroit Lions and he is currently playing for the Seattle Seahawks, where in 2020, he was named to the All NFC team as a special teams player and he was selected to the Pro Bowl.

#### Betsy Blaney (Athlete, Class of 1972)

Betsy Blaney earned two letters in tennis her junior and senior years, helping the Whitefish Bay High School girls' team win the Wisconsin Interscholastic Athletic Association's inaugural state tournament in 1971. She took third place in singles in 1972 and is the most accomplished tennis player to come out of Whitefish Bay High School to date. A few months after graduating, Betsy moved to Texas to pursue her tennis. In 1975, she was awarded one of the nation's first Title IX scholarships and played tennis for Southern Methodist University in Dallas from 1975-1977. She won the doubles championship in 1975 and 1976 in the Texas Association of Intercollegiate Athletics. In 1978, she was ranked No. 1 in Texas in the Women's Open Singles division. Betsy began playing on the Women's Tennis Association tour in 1980, playing at the US Open and Wimbledon. In 1981, she and her partner got to the round of 32 at Wimbledon and won the Swedish Open Women's Doubles title. In 1973, Betsy was a linesperson for the Battle of the Sexes between Billie Jean King and Bobby Riggs in the Houston Astrodome. As a journalist, she wrote first-person columns about that experience, interviewing King in the Astrodome for the 25<sup>th</sup> anniversary of that historic match.

#### Jeff Frank (Athlete, Class of 1999)

Jeff Frank was a three-sport athlete at Whitefish Bay High School where he collected seven letters in Basketball, Football and Tennis. Not only did Jeff play three sports, he excelled in them. He helped lead his team to WIAA State Championships in Basketball and Tennis (2x). He was named Player of the Year in the North Shore Conference for basketball in 1999. In his Senior year of basketball, he averaged 25.7 points, 5 rebounds and 4 assists per game. He shot an incredible 51% from the field his senior year, including 44% from the three-point line. In football, Jeff was the starting quarterback for the 1997 and 1998 seasons. In his Senior season, he passed for 2,057 yards with 22 touchdowns and rushed for an additional 5 touchdowns. He has a WIAA state record with a 99-yard passing touchdown. At the time of Jeff's graduation, he held 16 school records in football. In Tennis, he won the last 18 matches in his senior year to help cap off the team's second straight WIAA State Championship and earned the Duke Pride Award in his senior season.

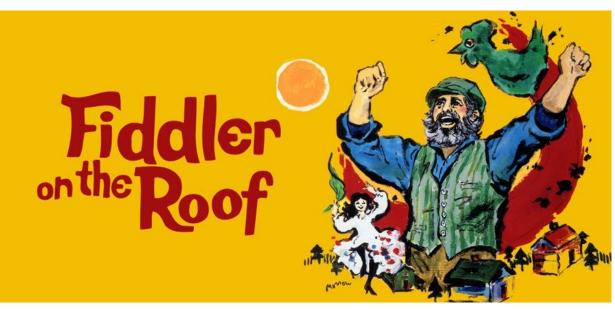
#### Carl Fuda (Distinguished Contributor)

Carl Fuda has had a major impact in Whitefish Bay athletics and the community for the past 20 plus years. He has been an integral part of our football program since 2001 – including being the coordinator of the Junior Duke Football program for 15 years. Additionally, Carl has had a major stake in all the Whitefish Bay's athletic facility improvements. In 2006 and 2007, he spearheaded the fundraising effort for our new turf football/soccer field. Carl also led the efforts to fund and build the new turf baseball and softball fields. In 2018, Carl directed the largest donor group for the new and improved fitness center, in honor of Coach Jim Tietjen. His endeavors have helped provide the Whitefish Bay Gridiron Club and the Friends of Bay Baseball Booster Club. He also funds an annual leadership scholarship for the football program. Carl has served as a Whitefish Bay Village Trustee for the past 9 years.

#### David McDermott (Athlete, Class of 1963)

David McDermott is arguably the most decorated boy's distance runner in Whitefish Bay High School's history. An eight-time letter winner in Cross Country and Track, he is one of three Whitefish Bay runners to win the WIAA Individual State Cross Country Championship and is the only runner in school history to win two state titles, where he established new state course records in 1961 and in 1962, where he led his team to a WIAA State Championship. David also won seven Suburban Conference championships, two in cross country and five in indoor and outdoor track. Though limited to the mile run as the longest track distance, he nevertheless dominated the Suburban Conference on the track as well. He set the Suburban Conference indoor mile record in 1962, a mark that stood as the conference standard for 10 years and for two decades was the Whitefish Bay's school record. His runner-up finish in the mile at the 1962 WIAA State Championship was a key part to the teams WIAA State Championship that year. In 2017, David was inducted to the Wisconsin Coaches Cross Country Hall of Fame.

# Whitefish Bay High School Theater Presents



Set in the little village of Anatevka, the story centers on Tevye, a poor milkman, and his five daughters. With the help of a colorful and tight-knit Jewish community, Tevye tries to protect his daughters and instill them with traditional values in the face of changing social mores and the growing anti-Semitism of Czarist Russia. Rich in historical detail, *Fiddler on the Roof*'s universal theme of tradition cuts across barriers of race, class, nationality and religion, leaving audiences crying tears of laughter, joy, and sadness. With iconic and beloved songs such as "Sunrise, Sunset," "If I Were a Rich Man," and "Matchmaker," *Fiddler on the Roof* is the perfect mix of audience-pleasing humor and heart.

Come join us for this powerful production!

# When: 7:00 on March 4th, 5th, 11th, and 12th and 2:00 on March 6th

Where: Whitefish Bay High School Auditorium

Masks are Required!

Tickets: \$15.00 for Adults & \$10 for Seniors & Students

Ticket Information: WFBHSTHEATER.COM

Can't wait to see you there!

WNS Girls Lacrosse Open Gyms Through the End of February

WNS Girls Lacrosse pre-season open gyms run through the end of February on Sundays at the Shorewood HS Arena. All open gyms are held 3:30-5pm, except Feb 27 (4:30-6pm). Open gyms will run for 90 minutes but players have the option of staying an additional 30 minutes for stick handling and shoot around skills. WNS is a Co-op girls lacrosse team and includes players from Whitefish Bay, Nicolet and Shorewood. Please bring a mouth guard & lacrosse goggle. Practice sticks available if you don't have one. No prior lacrosse experience necessary! The WNS Girls Lacrosse season kicks off in early March. Please contact Bryna Dulmes with any questions at <u>bdulmes@yahoo.com</u>.

#### Whitefish Bay High School

#### Final Tune Up for Conference Goes Great for Blue Dukes Swim & Dive Team

After hitting the books and focusing on training for the last two weeks, the Dukes returned to racing for their final dual meet of the season up at Port Washington. In the quickest meet of the season, the Boys Swim and Dive squad took great advantage of the final tune-up. Looking primed for conference next week, the night belonged to the freshman.

Freshman sprinter William Wang set the tone, winning both the 100 freestyle and 100 backstroke. On the distance end, freshman Ben Ferguson picks up massive wins in the 200 and 500 JV freestyle events. Both swims were massive lifetime best efforts for Ferguson, boding well for a big performance at conference! Following the trend, freshman Dominic Cottrill took care of the non-free events, winning the JV 200 IM and 100 Breaststroke. Just like Ferguson, both swims were best times!

The Dukes combined to win every event of the meet, a rare feat by most standards. Coming off the impressive night, the Dukes will head to Plymouth High School Saturday for the Small School State Invite. Showcasing the best teams in D2, this meet will give the Dukes a chance to see the best in state. The following week, Whitefish Bay will play host to the JV Conference Meet Friday night, before heading to Grafton Saturday for the Varsity conference meet. Stay tuned over the next three weeks as the boys look to come back strong on their state runner-up performance from 2021!



#### Varsity Dance Team Ready for Regionals

The Varsity Dance Team will be competing at the WACPC Southern Regional Dance Competition this Saturday, January 29th. They perform their pom routine at 1:33pm at Watertown High School and will be competing for the chance to earn a spot in the WACPC State Competition in February. Good luck, dancers!

#### Blue Dukes Boys Basketball Team Doing Well on and Off the Court

Off the court, the boys program celebrated Martin Luther King week by filling 40 duffle bags with items necessary for foster children in Milwaukee County. Unfortunately, there are over 2000 of these children in the County but we are humbled and honored to have helped a few of them. If you would like to support the cause by volunteering or donating you can go to https://kidsmatterinc.org/.

On the court, the boys have won three of their last four. Sandwiched around a difficult overtime loss to Homestead who is 14-2, the boys defeated West Bend East (44-43), Slinger (46-34), and Hartford (55-53). Senior Ryan Carew has been leading the way scoring more than 30 points in his last two games and going 14/22 from 3-point land. Junior Jaden Guyton has been the second leading scorer averaging over 12 points.

The boys will be busy in February as they get ready for the tournament. Thanks to those of you who come out to the games - the guys really appreciate your energy and enthusiasm.



#### Cheer Team Take 1st in Both Competitions

The WFB Cheerleading Team competed in two competitions throughout January.

On January 15th, 2022 the team joined many others at Greenfield High Schools, Cheer Extreme Competition. At this competition, a new school Juneau, which a part of the Dodgeland School District had joined the Non-Stunt division. The following weekend, on January 22nd, 2022 the team attended the iCheer Championship hosted by Greendale High School. In both competitions, the team competed in the Non-Stunt division.

The Whitefish Bay Cheer Team placed 1st in the Non-Stunt division at both, Greenfield's Cheer Extreme Competition and Greendale's iCheer Championship!

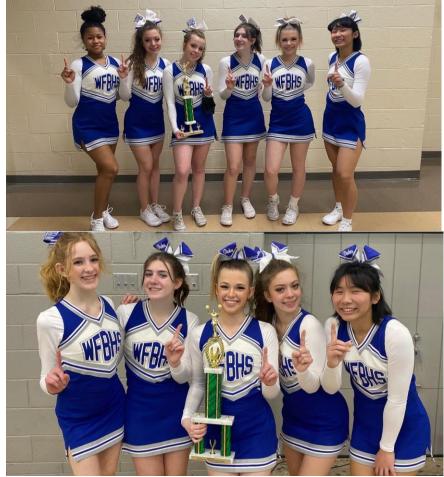
The Non-Stunt division is a routine that emphasizes the various aspects of cheerleading such as an engaging sideline cheer with a creative dance that incorporates advanced tumbling, expert jumps, and multiple pyramids that include elite motions and positions. The Non-Stunt routine is performed by seniors; Maggie Franzen and Jane Graham, juniors; Anna Olsson and Sofia Meixner, and sophomores; Amelie Gibbert and Morgan Govan.

In addition, Amelie Gibbert, sophomore of the WFBHS Cheer Team, competed in the All-State Non-Tumbling solos division. In this division, cheerleaders create their own crowd-effective cheer and choreograph their own routine that is creative, utilizes musicality, and has great showmanship.

Amelie Gibbert competed against multiple other athletes in the Non-Tumble division. At Greenfield Cheer Extreme, she placed 3rd and placing 4th at Greendale iCheer Championship. Amelie ranked the highest in jump execution, receiving 19.2 points of 25 points. She also had the Strongest Overall Impact, defined as, "Appropriate use of floor, routine transitions, clean movement, creative, good pace, minimal downtime, strong coordination between visual elements." where she received 4.8 points out of 5 points!

Congratulations to the Cheer Team and best of luck on their road to State! The Cheer Team will attend the WACPC State Preliminaries on February 5th, 2022.

Check out the Whitefish Bay Cheer Team website to learn more about the team! If you're interested, email Coach Miranda Keller at miranda.keller@wfbschools.com for more information. Let's Go Blue Dukes!



# Ski Team Sweeps Podium at the Rock

On January 16<sup>th</sup>, the Whitefish Bay Ski team traveled to the Rock for a giant slalom race against Brookfield Central and Brookfield East. Even though the weather was fierce, our brave and speedy racers were ready to go! All Whitefish Bay teams swept the podium! Girls Varsity, Boys Varsity, Girls JV Blue and Boys JV Blue all took FIRST place. Girls JV Gray took third and Boys JV Gray took second. Our Girls Varsity team was led by Lydia Lim who placed first and Emilie Lesinski who placed second. Boys Varsity was led by junior Matthew Gruber who placed second and sophomore John Egan who placed third. Our JV teams swept the medals! Junior Sira Maul and sophomore Dakota Moll won the JV races, senior Grace Reimers and sophomore Christian Zastava took 2nd and sophomore Josie Anzia and sophomore Conley Bolger took 3rd. Way to go Blue Dukes Racers!

On January 26<sup>th</sup>, the Whitefish Bay Ski team had their 4<sup>th</sup> race of the season, a slalom meet against USM, Badger and Slinger at the Rock. The Whitefish Bay girls' varsity team came in 4th and the boys' varsity came in 3rd. Our JV girls' teams came in 1st and 2nd and were led by sophomore Bryn Gonzales (1st overall) and sophomore Claire Hansen (2nd overall). The JV Boys teams came in 2nd and 4th.



**Interested in Playing Boys Golf this Spring?** 

Any boys interested in playing for the Whitefish Bay Boys Golf Team, please fill out the following survey:

https://forms.gle/2xEpjAW4LSyep3Po7

# Girls Basketball Team Gets Big Win over Hartford

# Whitefish Bay vs. Homestead WFB 26 - HOM 42 Record (9-6)

The Blue Dukes took on their conference rival Homestead who is currently undefeated in the NSC. Both teams turned up the defensive pressure early and forced each other into turnovers and difficult shots. Homestead was able to generate some fast break points off of Dukes turnovers that helped them create a 18-9 lead heading into halftime.

After a few buckets by junior Zoe Behrendt inside, the Blue Dukes cut the lead to 5 with about 10 minutes to go. However, after Homestead turned up the intensity on both ends, WFB failed to match that. Although Whitefish Bay had held Homestead to their two lowest scoring totals of the year, in this game the offensive effort was just not enough.

# The Dukes were led by

Zoe Behrendt with 11 points, 13 rebounds

## Whitefish Bay vs. Hartford WFB 47 - HART 43 Record (10-6)

Coming off a tough home loss to Homestead, the Blue Dukes looked to take down Hartford after losing the first contest to them by 20 points.

The Blue Dukes came out strong, hitting from all areas of the floor, as well as getting tough stops. Some early threes by sophomore Fini Bortolotti, and inside finishes from senior Allie Swietlik and Behrendt, the Dukes took a three-point lead into halftime.

Coming out strong in the second half, the Blue Dukes continued to hit shots and built an 8-point lead. Although a few quick turnovers allowed Hartford to eventually cut the lead to 2 points, some clutch free throws by Behrendt sealed the victory and avenged their earlier loss.

# The Dukes were led by

Allie Swietlik with 10 points, 9 rebounds, 3 assists, and 2 steals Zoe Behrendt with 13 points, 8 rebounds, 4 assists, and 2 steals Fini Bortolotti with 10 points, and 3 steals



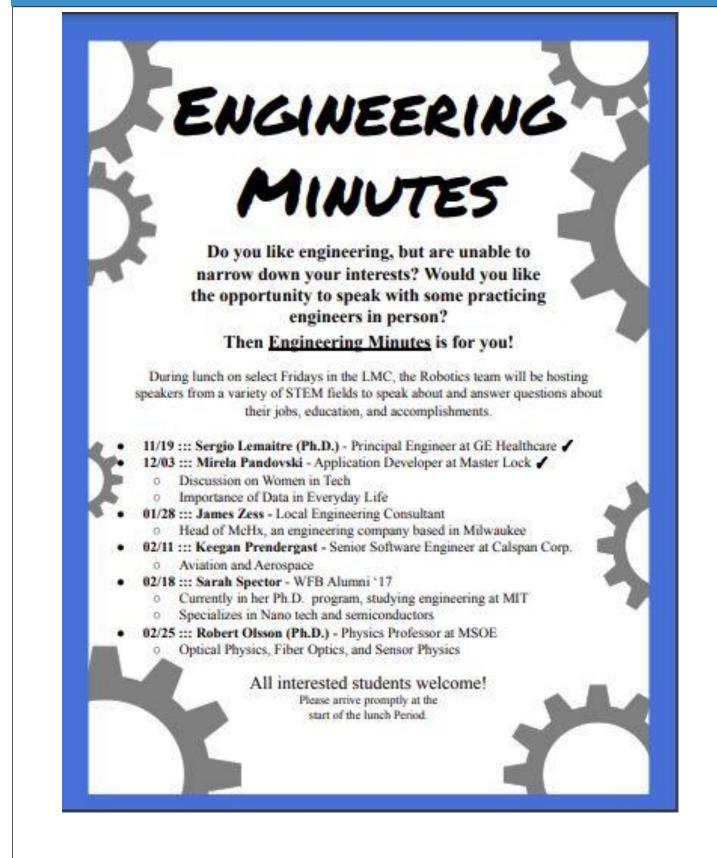
### Debate Team Performs Well at State

Five Whitefish Bay debaters qualified for the Wisconsin State Debate Tournament, and on January 15th-16th they competed with about 150 debaters from across the state of Wisconsin. Anna Harris (senior) competed in Varsity Lincoln Douglas debate, debating the resolution: The appropriation of outer space by private entities is unjust. Anna won 7th speaker in her division. Anna qualified for the state tournament four years in a row, and she will be graduating with the Distinction degree in the National Speech and Debate Association Honor Society.

Delaney Dunn (freshman), Amber Schlappi (freshman), Sam Petski (sophomore), and Oliver Boyden (freshman) competed in Junior Varsity Public Forum, debating the resolution: The United States federal government should legalize all illicit drugs. Amber was awarded 8th place speaker and Sam won 6th place speaker. To cap off an impressive season, the team of Sam Petski and Oliver Boyden advanced to quarterfinals at the state tournament and lost in the quarterfinal round on a close 2-1 decision.

Congratulations Anna, Delaney, Amber, Sam, and Oliver!





# Gymnastics Team Places 2<sup>nd</sup> and 3<sup>rd</sup> at Invites

The Whitefish Bay varsity gymnastics team went to the Franklin Invite on January 15<sup>th</sup> and took 2<sup>nd</sup> overall as a team with a score of 137.375. Senior Kate Graham place 9<sup>th</sup> overall on bars (8.725) and 6<sup>th</sup> in All-Around (35.10). Senior Anneh Britz placed 3<sup>rd</sup> on the floor (9.3), 9<sup>th</sup> on beam (8.9) and 4<sup>th</sup> in All-Around (35.275). Junior Essence Burrows placed 10<sup>th</sup> on vault with a score of 8.85. The girls also won the school spirit award thanks to the leadership of senior captains, Erin Timms, Britz and Graham!

On January 22<sup>nd</sup> the JV and Varsity were at the Arrowhead Invite. The team finished third behind Homestead and Arrowhead with a score of 136.425. Britz placed 4th on vault, 5th on bars, 7th on floor, and 7th all-around. Graham placed 4th on bars, 3rd on beam, 3rd on floor, and 5th all-around. Senior Liz Gaeta placed 6th on vault, and sophomore Ryann Wesley placed 10th on bars and beam. Timms placed 1st on JV beam, 6th on floor, and 1st All-Around. Junior Kate Brugman placed 1st on JV bars and 3rd on JV floor. Sophomore Gigi Faber placed 4th on JV floor. Gaeta also placed 6th on JV beam.

The girls next meet is this Tuesday's home meet vs Grafton/Cedarburg, make sure to show up and support your gymnasts!

# Wrestling Team Peaking at Right Time

The Whitefish Bay Wrestling team continued to build momentum going into the postseason. On January 22<sup>nd</sup>, the varsity team traveled to Milwaukee Hamilton to compete at the Craig Belcher Tournament. Place winners include junior Ari Mapes (2nd), junior NZ Gorham (2nd), junior Andres Pesch (3rd) and senior Niko Marino (3rd). That same weekend, our JV team traveled to the Highlander Invite in Mequon. Going undefeated were freshmen Harry Bortolotti, Asa Behrens and Marcelino Molina. Another group of wrestlers headed up to the JV Challenge Series in Wausau. Wrestlers included sophomore Rowan Hodges (3<sup>rd</sup>), freshman David Kleiner (4<sup>th</sup>), freshman Rosemary Triggs (4<sup>th</sup>), senior Hollis Nelson (2<sup>nd</sup>) and sophomore Cole Silverman.

The last dual meet of the season was against West Bend West on January 27<sup>th</sup>. We had the privilege of honoring both our seniors, Niko Marino and Hollis Nelson. We will miss their hard work, dedication and overall positive attitude. Niko was also the recipient of the Nathan Potter Award.

Lastly, Rosemary Twiggs, Hollis Nelson and senior Alair Poland will be wrestling in the 1st ever WIAA Girls State Wrestling Championships today. Good luck ladies. Blue Duke Nation wishes you the best.



#### Whitefish Bay High School

#### Boys Hockey Team Just Missing Out on Victory

Even though the WNS boys' hockey team went 0-3 over the past few weeks, they have been in every game and are a play or two away from getting the victory. On January 20<sup>th</sup>, they travelled to Janesville and lost a heart breaking 6-7 overtime game. Sophomore Michael Adank had a game though, scoring four goals along with one assist. The score was all 6-5 WNS heading into the 3<sup>rd</sup> period and Janesville scored the equalizer with 8 minutes left and then the game winner in overtime.

WNS then traveled to Cedarburg on January 22<sup>nd</sup> and lost 0-3. They had a number of opportunities, but could not find the back of the net.

Then, last night, the WNS played the Brookfield Stars at the Kern Center and lost a hard-fought game 3-6. Senior captain, Charlie Mitchell added an assist in the game.

WNS travels to Monroe today to take on the Cheesemakers at 3:00PM.

